

Police (24hrs) 101

Social Services (out of hours ) 03000 41 91 91

Kent Children's Services 03000 41 11 11

Kent Adult Services 03000 41 61 61

Stop It Now Helpline 0808 1000 900

Childline 0800 11 11

Action On Elder Abuse Helpline 080 8808 8141

National Domestic Violence Helpline 0844 804 4999